## **MARCH 2023**

Unatego MS-HS Lunch Menu

Breakfast and Lunch will be served at NO COST to students for the 22/23 school year!

Menu subject to change without notice

	Monday	Tuesday	Wednesday	Thursday	Friday
X			Grilled Chicken BLT 1 On Bun Baked Beans Seasoned Steak Fries	Hot Meatball Sub Mediterranean Cucumber Salad	Pepperoni or Three 3 Cheese Roll W/Dipping Sauce Romaine Salad w/tomatoes and cucumbers
	Bacon Burger or 6 Cheeseburger on Bun Baked Beans French Fries	Nachos <b>7</b> w/ Meat, Cheese, Salsa & Sour Cream Corn	French Toast Sticks 8 Sausage Carrots	Chicken Spiedies 9 Tater Tots Macaroni Salad	Assorted Classic 10 Pizza Romaine Salad w/tomatoes and cucumbers
	Chicken Parmesan Or Chicken Patty on Bun Buttered Noodles Broccoli	Corn Dog Baked Bean	Italian Sub Melt Sweet Potato Fries	NY Thursday! Elementary: Fruit & Yogurt Parfaits w/ NY Granola & NY Cheese stick Carrot Sticks MS/HS: Egg Roll Bowl w/NY Green Beans NY Apple, NY Milk WG Roll (not NY)	No School 17 Staff Dev. Day
	Chicken Tenders 20 French Fries Carrots	Taco on Soft Shell 21 w/ Meat, Cheese, Salsa & Sour Cream Cowboy Caviar Rice	Ultimate Chicken Bo 22 Corn WG Roll	Grilled Cheese Sandvich Or Grilled Ham & Cheese Tomato Soup Green Beans	French Bread Pizza 24 Romaine Salad w/tomatoes and cucumbers
	Chicken & Cheese Weer French Fries Green Beans	Cheeseburger on Bur28 Baked Bean	Hot Ham and Cheese 29 On Bagel Soup Tater Tots	NY Thursday! 30 NY Pasta w/ NY Meat Sauce Garlic Breadstick (not NY) NY Green Beans NY Apple, NY Milk	Pepperoni or Three 31 Cheese Roll W/Dipping Sauce Romaine Salad w/tomatoes and cucumbers

**Available Daily:** Canned fruit, fresh fruit, fresh veggie, Hot veggie of the day. PB&J, Yogurt Plate, Sandwich of the Day

**NY Milk Choices:** 1% White, 1% Chocolate

